

Wednesday 1st May 2024

Dear Parent / Carer,

### **Relationships, Health and Sex education**

At Green Lane Primary Academy, puberty is taught as a statutory requirement of Health Education and covered by our Jigsaw PSHE Programme in the 'Changing Me' Puzzle (unit). We conclude that sex education refers to Human Reproduction, and therefore inform parents of their right to request their child be withdrawn from the PSHE lessons that explicitly teach this.

**You are receiving this letter because your child in in Year 6 and next half term they will be covering the unit 'Changing me'.**

This unit covers the following

- 1 **My Self-Image** - I am aware of my own self-image and how my body image fits into that.
- 2 **Puberty** - I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally.
- 3 **Babies – Conception to Birth** - I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born.
- 4 **Boyfriends and Girlfriends** - I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend.
- 5 **Real Self and Ideal Self** - I am aware of the importance of a positive self-esteem and what I can do to develop it.
- 6 **The Year Ahead** - I can identify what I am looking forward to and what worries me about the transition to secondary school/or moving ahead to my next class.

**Lesson 3 'Babies – Conception to Birth' – You have the right to withdraw your child from this lesson. Should you wish to do so, please fill in the online form below:**

<https://forms.gle/D3U5Ft8Rw1R4ws8u9>

Yours sincerely,

Mrs J Sercombe, Headteacher