

## Spring 2021 Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Chinese Veggie Noodles (V)</b>  Fragrant egg noodles with stir fried vegetables	<b>Sausage and Mash with Gravy</b>  Traditional Pork Sausage and Mash with rich Gravy	<b>Roast Turkey with Roast Potatoes and Gravy</b>  Moist roast turkey with fluffy roasties and tasty gravy	<b>Pasta Bolognese **</b>  A classic Italian beef Bolognese in a yummy tomato and beef sauce	<b>Golden Fish Fingers and Chips</b>  Crispy Fish Fingers and scrummy chips
<b>Alternative Dish</b>	<b>Cheese and Tomato Pizza ** with Dough Balls (V)</b>  Cheesy Tomato Topped Pizza Slice	<b>Quorn Bolognese **(V)</b>  Penne pasta in a yummy tomato and Quorn sauce	<b>Country Vegetable Pie (V) (pastry)</b>  Creamy vegetable pie with a shortcrust topper	<b>Mild Chickpea &amp; Potato Curry with a Rice side **(V)</b>  A tasty chick pea and potato masala	<b>Beany Burger with Chips (V)</b>  A delicious homemade beany burger
<b>Packed Lunch</b>	Ham or Cheese Sandwich or Daily Special Sandwich, Wrap, Baguette or Roll served with Veg Sticks And Fresh Fruit or Bear Yo Yo or Dessert of the Day				
<b>Jacket Potato</b>	Jacket Potato With A Choice Of Fillings				
<b>Pasta</b>	<b>Tomato Pasta ** (V)</b> A delicious fresh, homemade tomato sauce with penne pasta				
<b>Vegetables</b>	Sweetcorn Broccoli	Peas Carrots	Carrots Cabbage	Sweetcorn Broccoli	Baked Beans Peas
<b>Desserts</b>	Raspberry Yoghurt Cake	Peach Shortbread Pudding * with Custard	Flapjack with Fruit Slices *	Chocolate Apricot Brownie	Vanilla Ice Cream

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish (V) Vegetarian

